

NEXIT
Get More Out Of Life



Disability and Mental Health Services

Why choose Nextt

Trying to find a suitable services provider can be daunting; which is why we'd like to explain why Nextt is your best choice for disability and mental health services.

With over 1800 staff and services across NSW, QLD, SA and VIC, we provide quality support to over 1500 people every year.

We offer a truly individual service that is tailored to suit our clients' needs. Support is provided by a team of experienced, well-trained support workers who share our passion for providing excellent support and empowering our clients to get more out of life.

Over the last 20 years we have supported people with a broad range of disabilities including autism, psycho-social disability, cognitive support needs, high physical support needs and Acquired Brain Injury. We have developed communities of practice to support our staff and clients with specific skill and support requirements.

Our teams share a common mission - to help our clients get more out of life. For us, this means working together on individual goals and to make a measurable difference to quality of life.

Through our Nextt Indie platform, we capture each of our client's individual goals, regularly review and measure progress to achieving those goals. This gives real meaning to our mission to help our clients get more out of life.





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What is the Nextt Indie platform?

A first of its kind in Australia, our Nextt Indie platform allows us to clearly capture your goals, and measures your progress to reaching these goals. It lets us know if we are being effective in our support or if we need to make improvements to our service.

Nextt Indie supports you to “get more out of life”.

Our Client Vision

We believe everyone deserves to get more out of life. We are passionate about understanding our clients and supporting them to achieve their goals.

Our Values



Principled

We act with integrity, respect and value you as an individual and will always try to do the right thing.



Creative

We will seek better ways of doing things so that our services can continuously improve.



Committed

We will work with you to uphold your rights and provide the best service possible.



Responsive

We will listen to you so you can achieve your goals and maximise your opportunities and outcomes.

Our Services

Nextt has built a strong service that specialises in supporting people with psycho-social disabilities and dual diagnosis. We focus our supports on achieving the outcomes in your life that matter to you.

Our mission is to help you reach your individual goals by matching you with a support worker that meets your preferences and has the right expertise.

We know that everyone has different preferences which is why we take our time during the matching process to make sure you are comfortable with this person and can connect with them.

Trust is an important quality we look for when matching you with a support worker. Nextt provide specialised internal and external training for our support workers to ensure they are well equipped when working with you so you can get more out of life.



Support Coordination

Nextt helps coordinate all disability services that you are entitled to under the NDIS.



Individual and Core Supports

Nextt work with you to customise an individually tailored support plan which acknowledges your strengths and empowers you to move towards your goals.



Specialist Support Coordination

Our Specialist Support Coordinators assist our clients to find and connect with the services and providers that support their goals.



Attendant Care and Rehabilitation

High-quality attendant care for clients with high-level needs such as Acquired Brain Injury (ABI) and Spinal Cord Injury (SCI). We also have a team of registered nurses who can provide in-home nursing services.



Supported Independent Living

We support suitable candidates find accommodation in group homes and learn the skills they need to thrive in new living situations.

Nextt can also offer you supports in your SDA home.

Support Coordination and Specialist Support Coordination

Our support coordinators assist you to maximise the benefits of your plan, and connect you to specialist or community based services which will help you develop skills and meet your goals. We connect you with providers within your community.

At Nextt, we take the time to get to know you and understand your goals so we can offer you quality support coordination services. Our team pride ourselves on matching you to the most appropriate support coordinator to work alongside you in the most effective way.

We support individuals who have a disability or face mental health challenges to manage a complex range of needs including:

- Individualised supports in the home and in the community
- Capacity building
- Community inclusion services



“Your services are wonderful, fantastic and brilliant and I won’t trust anyone else.” - Tiffany

We strive to create positive outcomes for every client.

Our highly experienced team of support coordinators help you:

- Access the funding and services available to you, including mainstream, community, informal and formal options
- Choose preferred support options or providers
- Negotiate preferred services, as well as develop service agreements and create service bookings with preferred providers
- Arrange any assessments you need
- Manage your budget to get maximum value out of your plan
- Understand your personal responsibilities under service agreements, resolve problems or issues that arise and change or end service agreements.

We enable you to:

- Maximise the value for money you receive from your supports
- Exercise your choice and control by providing alternative options to ensure there is no conflict of interest
- Successfully implement your individual plan
- Have increased capacity to oversee and manage your own supports
- Have greater opportunities to explore and connect with community and alternative support options
- Strengthen your informal support network, such as family, friends and community



Core Supports

Core Supports help you with everyday activities, your current disability-related needs and to work towards your goals.

Nextt work with you to design an individually tailored support plan which acknowledges your strengths and empowers you to move towards your goals.

We focus on matching and having consistent staffing to ensure you have a team of support.

We emphasise the importance of staff that are known to you and familiar with your specific support needs.

We offer a wide range of services including:

Assistance with daily life - Nextt has a friendly team of support workers who assist with everyday tasks to enable you to live as independently as possible. This includes assistance with self care, daily routine, shopping, meal preparation, cleaning, gardening and more.

Accessing transport - Travel enables you to access your community. We ensure you travel to and from your destination safely and with ease in line with your NDIS funding and goals.

Accessing consumables - Consumables provides support to cover the cost of everyday items and services relating to your disability that you would use every day. This includes disposable items such as food supplements, as well as interpreting services or translation devices, continence items, and specialised equipment such as water syringes.

These could include things such as:

- Interpreting and translation devices
- Continence items, such as nappies and pull-ups
- Home enteral nutrition
- Food and swallowing equipment, such as water syringes

Assistance with social and community participation - provides support to engage in social or recreational activities and become more involved in the local community. These could include:

- Art classes
- Sports coaching
- Vacation camps
- Community recreation activities



Supported **Independent Living**

Nextt has a growing portfolio of supported housing with 24/7 in-home supports for clients over the age of 18. We pride ourselves in creating a unique Supported Independent Living (SIL) model for each client aligned with their NDIS plan as we understand that no one size fits all.

Our staff assist with and supervise tasks of daily life to maintain and develop the skills of individuals to live as autonomously as possible.

These skills may include:

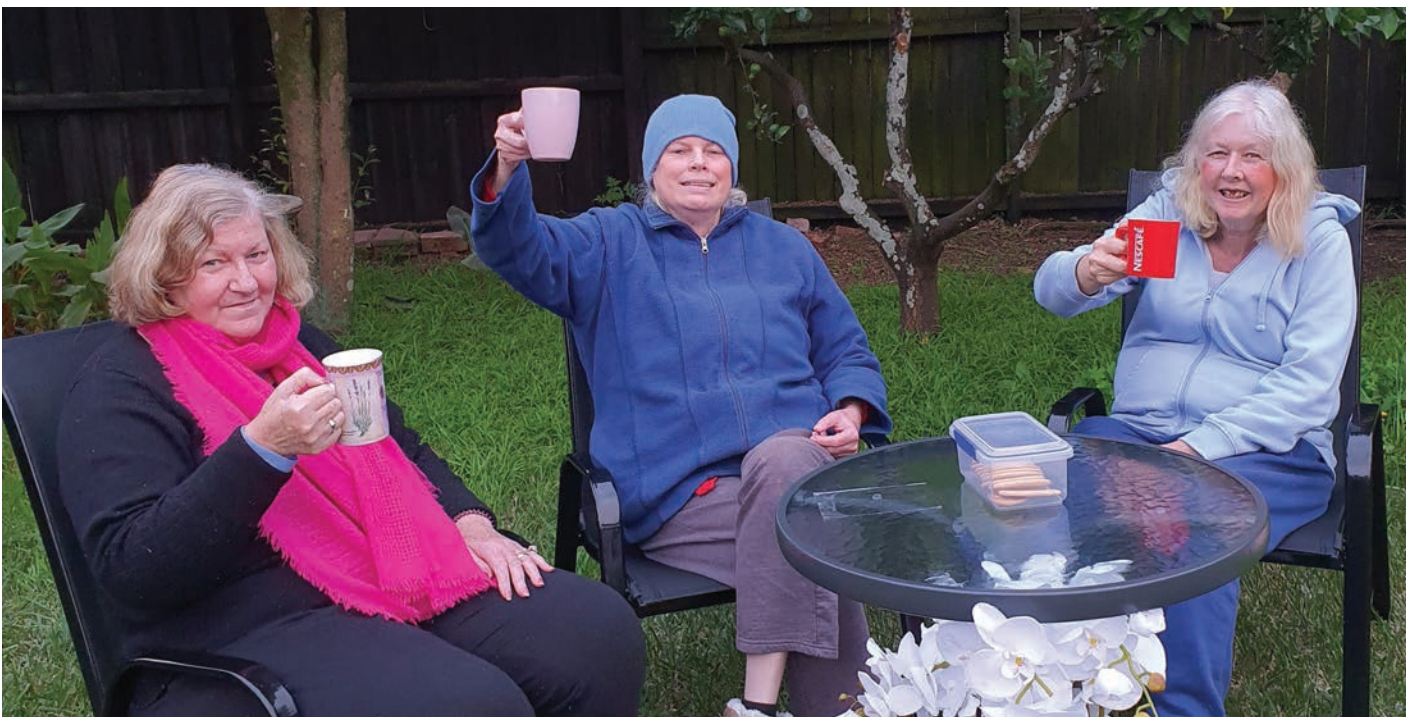
- Cooking
- Shopping
- Budgeting
- Medication management
- Cleaning
- Travel training
- Attending appointments
- Accessing the local community

Our SIL team take the time to get to know each client to carefully match them with the right people who share similar personalities, interests and goals. We also have a strong focus on matching people who choose to live together and locating a home that suits each individuals needs and requirements. We work with them to ensure a smooth individualised transition.

We are here to support you each and every step of the way.

We offer six supported housing options including:

- 01 Shared Living** - Clients who choose to move into a home and live with a similar group of people
- 02 Independent Living** - Clients who are living independently in their own home and seeking skill development
- 03 In Home Respite** - Individuals who need short term carers to support their loved ones within their own home
- 04 Bequest Home Management** - Individuals who wish to bequest their home so their loved ones can remain living in the family home
- 05 Complex Capacity Building Model of Support** - 24/7 support in a home environment to individuals with complex support needs, dual diagnosis or behaviours of concern
- 06 Supporting you in your SDA home** - individuals who require additional support for their everyday needs in a Specialist Disability Accommodation (SDA) home



Attendant Care

Nextt (incorporating Dolleina as part of the Nextt Group) are one of the largest providers of attendant care with an excellent reputation for providing complex care for participants with Acquired Brain Injury (ABI), Spinal Cord Injury (SCI) and Dementia. We are registered and approved service providers for TAC, LSA, Icare and and NDIS.

Our expertise in attendant care ensures that every participant receives the best service to assist them to live as independently as possible.

We can help participants with:

- Personal care routines
- Managing medications
- Managing day to day routine
- Getting involved in community activities
- Attending appointments
- Liaising with key stakeholders and clinical team as appropriate

Nextt and Dolleina respect the choices of the individual and family without imposing their own views.”



Our locations

With over 1800 staff and services across NSW, QLD, SA and VIC, we provide quality support to more than 1500 clients each year.



NSW

Coffs Harbour

(02) 6651 3220

1/129 West High Street
Coffs Harbour NSW 2450

Newcastle

(02) 4041 5314

104 Brighton Avenue, Toronto NSW 2283

Port Macquarie

(02) 6651 3220

12/38 Clifton Drive, Port Macquarie NSW 2444

Sydney

(02) 8736 7220

Suite 2 & 3, Level 1, 12-16 Chippen Street
Chippendale NSW 2008

Western Sydney

(02) 8850 4212

4 / 11-13 Brookhollow Avenue
Baulkham Hills NSW 2153

QLD

South Brisbane

(07) 3498 6320

Level 1, Acacia Building, Garden Square Office
Park, 643 Kessels Road
Upper Mount Gravatt QLD 4122

North Brisbane

(07) 3498 6320

Suite 2.11/371 Macarthur Avenue
Hamilton QLD 4006

SA

Adelaide

(08) 8172 6210

Unit 4, 53 – 57 Glen Osmond Road
Eastwood SA 5063

VIC

Ballarat

(03) 5303 0409

39 Webster Street, Ballarat VIC 3350

Geelong

(03) 5272 7700

Suite 3, 74 Gheringhap Street
Geelong VIC 3220

West Melbourne

(03) 9829 9120

Ground Floor, 2-6 Railway Parade
Camberwell VIC 3124





Get in Touch



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Please Note – this handbook is available in a range of formats, including larger text (for the visually impaired), translated (for limited/non English speaking recipients) and digital, upon request.

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