

CHOOSING A SUPPORT WORKER IS SUCH A CRITICAL DECISION BECAUSE THEY CAN HAVE A PROFOUND EFFECT ON THE QUALITY OF LIFE FOR A CLIENT AND THEIR FAMILY. SENIOR HELPERS UNDERSTANDS THIS BETTER THAN ANYONE IN THE BUSINESS.

## OUR BACKGROUND

Since 2011, Senior Helpers has been a provider of professional in-home services. With a vision to help adults remain in their homes despite challenges that are lifelong, acquired or that have developed with age. Senior Helpers has supported thousands of Australians with a pledge to provide care and encouragement day or night. We have rapidly built a reputation for providing the best in dependable and consistent support.

Senior Helpers is proud to lead the industry in their programs like the Parkinson's Care Program, Multiple Sclerosis Support and Spinal Cord Injury Lifetime Support. As a result, staff are uniquely prepared and skilled to offer appropriate support.

That's Home Care, **Only Better.**

## OUR CORE VALUES

We live by our core values and tirelessly promote them at all levels of our organisation.

- ✓ Responding at a moment's notice
- ✓ Integrity without compromise
- ✓ Celebrating an improved quality of life
- ✓ Fostering a positive attitude



## ROUND THE CLOCK ACCESSIBILITY

Senior Helpers is dedicated to responding to our clients at a moment's notice. Contact us today to meet with one of our consultants for your complimentary in-home care interview.

### YOUR COMPLIMENTARY IN-HOME CARE INTERVIEW WILL COVER:

- Your family's specific goals
- Your daily plan design and schedule
- Pricing and payment methods
- Implementation process
- Ongoing communication and follow-up plan



Contact Your Local Senior Helpers

Senior Helpers locations are independently owned and operated.



## NDIS & DISABILITY



# DEDICATED TO

## SUPPORTING CARERS & INDIVIDUALS

One of the most daunting aspects for individuals, families and carers is increasing loss of independence and self-determination. Some conditions have no cure or limited treatment options. Others can be associated with recovery and/or improvement. It can be quite challenging to find the right support solution that will provide peace of mind and retain relationships between clients, their families or carer.

You don't have to feel alone. With expertise in various lifetime, acquired or developing conditions, Senior Helpers is your trusted partner in improving a client's, their family and their carer's life easier and more enjoyable.

### WALKING BESIDE YOU

Senior Helpers' staff take an informed approach to disability support. Using a Person-Centred Approach, we view:

- The person to be at the centre
- The principles of self-determination, choice and control to be crucial
- Support Workers, family, friends and others invited by the client as partners in the process
- What is important to the person, their capacities and the support they require to be key
- The focus to be on what is possible for the person.

Support for clients is greater than personal care. Recreation, exercise, creative activities and social engagement are crucial to quality of life.

### INDIVIDUALISED IN-HOME SUPPORT

Our staff have specialised training in a number of conditions that affect the physical capacity of adults. Our Parkinson's Care Program was purpose-designed to skill our staff to support individuals and their families. Specialised training in Multiple Sclerosis support, acquired brain injury (stroke and head injury) support and spinal cord injury lifetime care are among other skill sets of the Senior Helpers Staff.

That's Home Care, **Only Better.**

## BUILT ON A FOUNDATION OF TRUST

Caring for a loved one can be overwhelming, time-consuming and draining to your health—both mind and body. Thankfully, there's Senior Helpers in-home care. Thanks to our responsiveness, dependability, and personalised care, Senior Helpers has become a trusted provider of non-medical in-home senior care. With Senior Helpers' in-home care, you can feel secure your loved one is in good hands.

That's Home Care, **Only Better.**

- ✓ Quality senior in-home care since 2011
- ✓ Personalised daily plans that preserve seniors' independence and freedom
- ✓ Care options ranging from full-time to occasional check-ins

